Grace Point Treatment Center Publishes New Resource as 2026 Standards Sharpen PHP and Inpatient Care Decisions

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Grace Point Treatment Center has published a new educational resource that examines the differences between partial hospitalization programs and inpatient addiction treatment and explains why treatment intensity should be determined by clinical need rather than convenience alone. The resource addresses one of the more consequential decisions patients and families encounter when entering substance use treatment: whether a patient requires around-the-clock residential supervision or can safely receive intensive structured care while returning home each evening.

The publication arrives as addiction-treatment providers continue implementing updated standards from the American Society of Addiction Medicine. ASAM?s fourth edition of The ASAM Criteria places increased emphasis on multidimensional assessment, person-centered considerations, and reassessment as patients move through treatment. The organization has also introduced updated 2026 rating elements for its Level of Care Certification Program, reinforcing national efforts to distinguish treatment settings by staffing, service intensity, and patient needs.

Under the ASAM framework, treatment placement begins with assessment rather than a predetermined program. Clinicians consider withdrawal-related risks, physical health, psychiatric symptoms, substance-related risks, recovery environment, and other patient-specific factors before recommending a level of care. Patients are then reassessed as treatment progresses to determine whether they should remain at the same intensity, transition to a less intensive setting, or receive additional support.

That framework provides timely context for Grace Point Treatment Center?s newly published PHP resource. Partial hospitalization is an outpatient level of care that provides several hours of structured treatment on multiple days each week without requiring patients to reside at a facility overnight. Inpatient or residential treatment, by comparison, provides continuous structure and supervision and may be more appropriate when medical, psychiatric, or environmental risks make outpatient care unsuitable.

Grace Point?s published information describes its PHP as the most intensive outpatient level available through the organization. Patients participate in structured clinical programming five to six days per week and return home or to an appropriate recovery environment afterward. The program can include individual counseling, group therapy, psychoeducation, trauma-focused treatment, and skills-based programming. The organization states that treatment duration is based on clinical progress rather than a fixed schedule.

Independent accreditation records verify the primary levels of care currently associated with Grace Point Treatment Center. The Joint Commission lists Grace Point Treatment Center, Inc., at 1919 Northeast 45th Street as an accredited Behavioral Health Care and Human Services organization that provides high-intensity outpatient services, including PHP, intensive outpatient services, and outpatient therapy. The Joint Commission states that accredited organizations undergo a comprehensive review at least every three years to ensure compliance with national standards covering treatment practices, safety, staffing, leadership, facilities, and organizational quality.

That independent listing is particularly relevant because PHP should not be confused with inpatient treatment. Grace Point?s current treatment information states that it does not provide medical detoxification onsite and instead coordinates with detox providers when supervised withdrawal management is necessary. Patients who are medically stable may subsequently be assessed for PHP, IOP, or another outpatient level.

The need for accurate placement information remains substantial. The latest National Survey on Drug Use and Health, released by SAMHSA in July 2026, found that approximately 7.6 million people age 12 or older received substance use treatment during 2025. However, among people classified as needing substance use treatment, only 16 percent received treatment during the year. Approximately 4.4 million people received outpatient substance use treatment, while 2.2 million received inpatient treatment.

Those figures demonstrate that both inpatient and outpatient services play significant roles in the national treatment system, each serving distinct clinical needs. They also reinforce the importance of helping patients understand what each level of care actually provides rather than treating all rehabilitation programs as interchangeable.

For people researching addiction treatment centers in Fort Lauderdale, Grace Point?s new resource provides a framework for evaluating treatment intensity before selecting a program. A patient who is medically stable, has an appropriate living environment, and requires substantial daily therapeutic support may be considered for PHP. A patient experiencing acute withdrawal, severe medical instability, or psychiatric conditions requiring continuous supervision may need a higher level of care before outpatient treatment is appropriate.

The same distinction is relevant when evaluating drug addiction treatment services in Fort Lauderdale. Substance use history alone does not determine placement. Withdrawal risks, medical conditions, psychiatric symptoms, previous treatment experiences, family or social support, and the safety of a patient?s recovery environment can all influence whether outpatient treatment is appropriate.

People comparing alcohol addiction treatment Fort Lauderdale programs may need to pay particular attention to withdrawal risk. Alcohol withdrawal can require medical monitoring in some cases, and patients requiring supervised detoxification may need stabilization before beginning PHP. Grace Point?s published information specifically describes coordination with outside detox providers rather than representing its PHP as a substitute for medically supervised withdrawal management.

For patients researching substance abuse treatment in Fort Lauderdale, the differences among PHP, IOP, and conventional outpatient therapy can also affect treatment decisions. Grace Point?s Joint Commission listing independently verifies all three outpatient levels, allowing patients and referral professionals to confirm the intensity of care available through the organization.

Grace Point?s PHP generally provides more treatment hours and clinical structure than IOP while still allowing patients to return home each evening. Its intensive outpatient program provides a lower level of weekly treatment intensity for patients who do not require daily programming, while outpatient therapy offers greater flexibility for patients who have progressed further in treatment or whose clinical needs can be addressed with less frequent services.

Current ASAM guidance supports this type of movement across a continuum rather than treating placement as permanent. The fourth edition emphasizes reassessment throughout treatment so care can increase or decrease in intensity as patient needs change. The model also incorporates person-centered considerations, including barriers to treatment and the patient?s ability to participate in the recommended setting.

By publishing the new resource, Grace Point Treatment Center is adding patient-focused information to a broader 2026 discussion surrounding appropriate addiction-treatment placement and clearly defined levels of care. The article provides a practical comparison between PHP and inpatient treatment while reinforcing the principle reflected in current ASAM standards and independent accreditation records: patients should be matched to treatment based on clinical assessment, safety needs, and the level of support required at that stage of recovery.

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Grace Point Treatment Center

Addiction treatment center in Fort Lauderdale, F. Trauma-informed care for alcohol and & drug dependence. Detox, PHP, IOP, and individualized therapy in a supportive, evidence-based coastal setting focused on long-term recovery and healing.

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